



# Farnborough Primary School

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Executive Head: Miss A James BA (Hons), PGCE, NPQH

Friday 13 September 2024

Dear Parents,

**World Mental Health Day – Thursday 10 October 2024**



This year, on World Mental Health Day, we will be fundraising for the charity YoungMinds. They are a charity who wants to ensure all children and young people can have access to mental health support when they are needed. Each year on World Mental Health Day they fundraise by asking people to wear yellow for mental health awareness and to donate to a charity.

Every year, thousands of schools, companies and communities come together to make World Mental Health Day that little bit brighter by wearing something yellow and donating to YoungMinds.

Right now, the world is a really tough place for children and young people to grow up in. YoungMinds want young people to know that they don't have to go through this alone. Things can get better.

We will be supporting YoungMinds this year and asking that everybody wears yellow on Thursday 10 October and donates £1 through the below link. We hope to raise £150 for this very worthy cause.

<https://socialsync.app/fundraiser/cr-03r1vzrvykm?currentTab=fundraising>

Thank you for your support in helping us raise money for this fantastic campaign.

Kind Regards,  
Mrs Cheeseman



Farnborough Primary School is a member of Nexus Education Schools Trust and is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. Nexus Education Schools Trust (NEST) is a charitable company limited by guarantee and registered in England and Wales. Company Number 08753719. The registered office is at Brackley Road, Beckenham BR3 1RF Website: [www.nestschools.org](http://www.nestschools.org)