

Kit List for Isle of Wight trip 2024

Clothes should be casual, old and easily washable. Please name everything!

Pack several bin liners so the dirty clothes can be put in them.

Night clothes and slippers	
Several changes of underwear	
Swimwear (to be worn for canoeing)	
Socks (must be at least ankle length - some activities require ankles covered)	
At least 2 thick jumpers/fleece	
At least 3 pairs of old trousers/ joggers	
Shorts - make sure these are long enough so the harnesses are comfortable (at least mid-thigh length)	
Several T-shirts - children cannot wear strappy tops when wearing harnesses.	
Long sleeve tops - some activities require a long sleeve top - it is best to have a thin top in case of warm weather.	
Waterproof jacket	
Sun hat	
3 pairs of trainers/comfortable shoes - one pair for dirty activities - one pair for everyday use - one pair for canoeing (you could bring aqua shoes instead - you cannot use open toed shoes for canoeing)	
The disco - smart clothes can be worn for this social event	

Towels (1 for showering, 1 for drying off after wet activities)	
Torch	
Water bottle	
Sun cream	
Wash bag (toothbrush and paste, shower gel, shampoo, roll-on/cream deodorant)	

PGL will provide bedding (duvet, duvet cover, pillow and pillow covers).