



Farnborough Primary School Physical Education Whole School Overview





Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Dance	Gymnastics	Gymnastics	Dance	Manipulation & coordination	
	Body Management	Speed, agility, travel	Body Management	Speed, agility, travel	Cooperate & solve problems	
Year 1	Dance	Gymnastics	Gymnastics	Dance	Send and return	Send and return
	Attack, defend, shoot	Hit, catch, run	Attack, defend, shoot	Hit, catch, run	Run, jump, throw	Run, jump, throw
Year 2	Dance	Gymnastics	Gymnastics	Dance	Send and return	Send and return
	Attack, defend, shoot	Hit, catch, run	Attack, defend, shoot	Hit, catch, run	Run, jump, throw	Run, jump, throw
Year 3	Swimming	Gymnastics	Dance	Gymnastics	Dance	OAA
	Football	Tag Rugby	Netball	Hockey	Athletics	Cricket
Year 4	Swimming	Gymnastics	Dance	Gymnastics	Dance	OAA
	Football	Tag Rugby	Netball	Hockey	Athletics	Cricket
Year 5	Swimming	Gymnastics	Dance	Gymnastics	Cricket	Rounders
	Football	Tag Rugby	Netball	Hockey	Athletics	OAA
Year 6	Dance	Gymnastics	Dance	Dance	Cricket	Rounders
	Football	Tag Rugby	Netball	Hockey	Athletics	OAA









