

<h2>Football -progression through school</h2> <p>[Based on Attack, Defend, Shoot for KS1 and Football for KS2, PE Hub]</p>	
R	<ul style="list-style-type: none"> • To be able to show an awareness of space • To be able to throw a ball underarm • To be able to roll a ball towards a target • To be able to bounce a ball • To be able to pass and receive a ball
1	<ul style="list-style-type: none"> • To practice basic movements including running, jumping, throwing and catching • To begin to engage in competitive activities • To experience opportunities to improve agility, balance and coordination • To recognise rules and apply them in competitive and cooperative games. • Use and apply simple strategies for invasion games. • Preparing for, and explaining the reasons why we enjoy exercise.
2	<ul style="list-style-type: none"> • Can send a ball using feet and can receive a ball using feet. • Refine ways to control bodies and a range of equipment. • Recall and link combinations of skills, e.g. dribbling and passing. • To select and apply a small range of simple tactics • Recognise good quality in self and others • To work with others to build basic attacking play
3	<ul style="list-style-type: none"> • Able to show basic control skills including sending and receiving the ball. • To send the ball with some accuracy to maintain possession and build attacking play. • To implement the basic rules of football.
4	<ul style="list-style-type: none"> • Introduce some defensive skills • Dribbling in different directions using different parts of their feet • Passing for distance • Evaluating skills to aid improvement
5	<ul style="list-style-type: none"> • To play effectively in a variety of positions and formations on the pitch • Relate a greater number of attacking and defensive tactics to gameplay • Become more skilful when performing movements at speed
6	<ul style="list-style-type: none"> • Choose and implement a range of strategies to attack and defend • To perform a wider range of more complex skills • Recognise and describe good individual and team performances • Suggest, plan and lead simple drills for given skills