



Farnborough Primary School

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Dear Parent/Carers,

We have had a number of requests, asking that children are exempt from swimming. Please may we remind parents that the reason that we offer swimming to key stage two, is that it is a statutory national curriculum requirement. This means that unless there are exceptional circumstances (such a illness), which must be emailed in to the office, children are expected to go swimming.

Please find below the guidance that we follow.

[National curriculum in England: physical education programmes of study - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/national-curriculum-in-england-physical-education-programmes-of-study)

Swimming and water safety

All schools must provide swimming instruction either in key stage 1 or key stage 2.

In particular pupils should be taught to:

- swim competently, confidently, and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke, and breaststroke]
- perform safe self-rescue in different water-based situations.

I hope this clarifies the situation for you.

Best Wishes

Miss A James



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