

Nexus - Primary Lunch Menu 1

Weekly menu



Monday

Tuesday

Wednesday

Thursday

Friday

Cajun Chicken or Margarita Pizza, Rainbow Salad (Wheat,Milk,Mustard)

Piri Piri Chicken with Rice & Garlic Bread (Gluten,Mustard)

Roast Turkey with Roast Potatoes, Vegetables of the day & Gravy

Beef Penne Pasta with Garlic & Herb Focaccia (Gluten, Milk, Egg)

Fish Fingers with Chips, Peas or Beans (Gluten, Fish)

Indian Style vegetable Biryani with Chick Pea Dhal

Tomato & Basil Pasta with Garlic Bread (Gluten,Milk,Egg)

Red Pepper & Sweet Potato Pattie with Rice & Piri Piri Dressing

Caribbean Style Vegetable & Plantain Curry with Rice

Cornish Style Veg Pasty with Winter Salad & Chips(Gram Flour Pastry)

Homemade Bread (Gluten, Egg, Milk) / Salad Bar freshly prepared

Homemade Bread (Gluten, Egg, Milk) / Salad Bar freshly prepared

Homemade Bread (Gluten, Egg, Milk) / Salad Bar freshly prepared

Garlic & Herb bread (Gluten,Egg,Milk) / Salad Bar freshly prepared

Homemade Bread (Gluten, Egg, Milk) / Salad Bar freshly prepared

Sweetcorn / Peas

Savoy Cabbage / Fresh Carrots

Green Beans / Crunchy Coleslaw (Egg, Milk, Mustard)

Broccoli / Herb Roasted Butternut Squash

Peas / Beans

Jacket Potato served with Cheese, Beans or Tuna Mayo (Dairy, Fish)

Jacket Potato served with Cheese, Beans or Tuna Mayo (Dairy, Fish)

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Baguettes Available - KS2 Only. Served with Sides, Pudding & or Fruit

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Berry Swirl Sponge with Custard(Wheat, Egg, Milk)/Fresh Fruit Platter

Chocolate Shortbread with Orange Wedges (Wheat)/Fresh Fruit Platter

Strawberry Jelly with Fresh Fruit Wedges/Fresh Fruit Platter

Chocolate Ice Cream (Milk)/Fresh Fruit Platter

Pineapple & Lime Cake & Custard (Gluten,Egg,Milk),Fresh Fruit Platter

Available daily

Week 1
4th Sep / 25th Sep / 16th Oct / 6th Nov /
27th Nov / 18th Dec