

# Farnborough Primary School

## Weekly menu

WEEK TWO:



### Monday

Margarita Pizza served with Beans & Homemade Wedges  
**Gluten, Milk, Dairy**

Vegetable Fajita with Veg Rice & a Choice of Vegetable  
**Gluten**

Freshly Made Tomato & Basil Focaccia Bread  
**Gluten, Eggs, Milk**

Sweetcorn / Green Beans

Lemon Sponge with Custard  
**Gluten, Eggs, Milk**

### Tuesday

Piri Piri Chicken served with Rice & Peas & Garlic Bread  
**Gluten**

Macaroni Cheese served with Garlic Bread & Side Salad  
**Gluten, Milk**

Wholemeal / White Bread  
**Gluten, Eggs, Milk**

Broccoli / Roasted Butternut Squash

Chocolate & Apple Sponge with Chocolate Sauce  
**Gluten, Eggs, Milk**

### Wednesday

Roasted Gammon served with Roast Potatoes, A Choice of Vegetable & Gravy

Oriental Stir Fry Vegetables served with Noodles  
**Gluten, Soya**

Freshly Made Carrot & Cumin Bread  
**Gluten, Eggs, Milk**

Braised Cabbage / Mixed Mediterranean Vegetables

Vanilla Ice Cream with Fresh Fruit Wedges  
**Milk, Dairy**

### Thursday

Italian Style Beef Lasagne served with Parsley New Potatoes & Side Salad  
**Gluten, Celery**

Freshly Homemade Spanish Omelette served with parsley new potatoes & Side Salad  
**Gluten, Sulphite, Egg, Milk**

Freshly Made Garlic Loaf  
**Gluten, Eggs, Milk**

Roasted Parsnips / Steamed Carrots

Carrot Cake with Citrus Topping  
**Gluten, Eggs, Milk**

### Friday

Chicken Sausage with Chips, Baked Beans or Peas served with Tomato Sauce  
**Gluten, Sulphites, Fish**

Spinach & Potato Bake served with Baked Beans or Peas  
**Gluten, Sulphite**

Wholemeal / White Bread  
**Gluten, Eggs, Milk**

Garden Peas / Baked Beans

Homemade Fruit Smoothie or Strawberry Yoghurt  
**Gluten, Eggs, Milk**

### Available daily

Please ask the catering manager for food allergen information

A Selection of 4 Salads a day. Strawberry Yoghurt and Fresh fruit available every day.  
20<sup>th</sup> Feb / 13<sup>th</sup> March / 3<sup>rd</sup> April / 24<sup>th</sup> April / 15<sup>th</sup> May / 5<sup>th</sup> June / 26<sup>th</sup> June / 17<sup>th</sup> July

### Red = Allergen

- All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore **your child or the member of school staff who presents your child at the counter must check each time before being served with the food**
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, **they or school member must check each time before being served with the food.**

Our allergen process is written to protect the welfare of the children.