

# Farnborough Primary School

## Weekly menu

WEEK ONE:



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Roasted Vegetable Lasagne served with Garlic Bread & Side Salad  
Gluten, Eggs, Milk

Freshly Prepared Beef Burgers in a Bap served with Wedges & Baked Beans  
Gluten / Sulphites

Roast Turkey served with Roast Potatoes, Gravy & 2 Vegetables.

Chicken Meatballs served in a Tomato Sauce & Spaghetti  
Gluten

Fish Fingers with Chips, Peas or Beans served with Tomato Sauce  
Gluten, Fish,

Fusilli Pasta served with a Tomato & Basil Sauce and Garlic Bread  
Gluten

Homemade Vegetable Burger served in a Bap with Wedges & Baked Beans  
Gluten / Eggs

Homemade Potato & fresh Vegetable Pasty served with Roast Potatoes & Gravy  
Gluten, Eggs, Milk

Italian Style Vegetarian Bolognese served with Spaghetti & Garlic Bread  
Gluten

Vegetable Biryani served with Onion Bhaji & Paratha  
Celery, Sulphites

Wholemeal / White Bread  
Gluten, Eggs, Milk

Freshly Made Herby Bread  
Gluten, Eggs, Milk

Wholemeal / White Bread  
Gluten, Eggs, Milk

Freshly Made Garlic Bread  
Gluten, Eggs, Milk

Freshly Made Carrot & Cumin Bread  
Gluten, Eggs, Milk

Green Beans / Sweetcorn

Baked Beans / Pan Fried Courgettes

Honey Glazed Carrots / Roasted Vegetable

Broccoli / Cauliflower

Peas or Baked Beans

Chocolate Brownie Bar  
Gluten, Eggs

Jam Roly Poly served with Custard.  
Gluten, Eggs, Milk

Strawberry Ice Cream served with Fresh Fruit  
Gluten, Eggs, Milk

Bread & Butter Pudding served with custard  
Gluten, Eggs, Milk

Vanilla Shortbread with Fresh fruit Wedges  
Gluten

### Available daily

Please ask the catering manager for food allergen information

A Selection of 4 Salads every day. Strawberry Yoghurt and Fresh Fruit Available Daily  
13<sup>th</sup> Feb / 6<sup>th</sup> March /27<sup>th</sup> March /17<sup>th</sup> April / 8<sup>th</sup> May /29<sup>th</sup> May /19<sup>th</sup> June /10<sup>th</sup> July

### Red = Allergen

- All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore **your child or the member of school staff who presents your child at the counter must check each time before being served with the food**
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, **they or school member must check each time before being served with the food.**

Our allergen process is written to protect the welfare of the children.