

# Farnborough Village Primary School

## Weekly menu

WEEK THREE



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Italian Style Tomato & Herb Pasta  
Gluten

BBQ Chicken with Vegetable Rice & Winter Fruity Coleslaw  
Gluten, Eggs, Milk, Mustard

Mexican Style Soft Chilli Beef Taco with Toppings & Mexican Style Rice  
Gluten, Milk

Pork or Chicken Sausages or Vegetarian Sausages with Mashed Potato  
Gluten, Eggs, Milk, Sulphites

Battered Fish & Chips with Tomato Sauce  
Gluten, Fish

Japanese Style Sweet Potato, Carrot & Chickpea Curry & Egg Fried Rice  
Gluten, Milk, Soybeans, Eggs

Cheese & Chive Vegetable Pasta  
Gluten, Milk

Mexican Style Vegetable Fajita with Toppings & Mexican Style Rice  
Gluten, Milk

Pesto Pasta with a Mediterranean Style Salad with Olives & Croutons  
Gluten

Carrot & Chickpea Falafel Pitta with Tomato Relish & Chips  
Gluten, Mustard

Freshly made Garlic & Herb Bread  
Gluten, Eggs, Milk, Soybeans

Freshly made Tomato Focaccia Bread  
Gluten, Eggs, Milk, Soybeans

Freshly made Carrot & Cumin Bread  
Gluten, Eggs, Milk, Soybeans

Freshly made Paprika & Garlic Bread  
Gluten, Eggs, Milk, Soybeans

Wholemeal / White Bread  
Gluten, Eggs, Milk, Soybeans

Herb roasted Butternut Squash / Peas

Broccoli / Carrots

Garlic Green Beans / Mexican Style Corn  
Mustard

Thyme Roasted Carrots / Savoy Cabbage

Garlic Roast Courgette & Tomato Baked Beans

Pineapple & Orange Sponge with Custard  
Gluten, Eggs, Milk

Apple & Berry Oat Bar with Custard  
Gluten, Milk

Jelly with Fresh Fruit Wedges

Chocolate Sponge with Chocolate Sauce  
Gluten, Eggs, Milk

Harrison Bear Lemon Shortbread with Fruit Wedges  
Gluten

### Available daily

Please ask the catering manager for food allergen information

Mixed Salad, Jacket Potatoes, Yoghurt

### Red = Allergen

- All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore **your child or the member of school staff who presents your child at the counter must check each time before being served with the food**
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, **they or school member must check each time before being served with the food.**

Our allergen process is written to protect the welfare of the children.