

Farnborough Village Primary School

Weekly menu

WEEK TWO:



Monday

Macaroni Cheese
Gluten, Milk

Sweet Potato Stir with Spiced
Vegetable Rice

Freshly made Tomato & Basil
Focaccia Bread
Gluten, Eggs, Milk, Soybeans

Glazed Carrots / Green Beans

Lemon Sponge with Custard
Gluten, Eggs, Milk

Tuesday

Blackened Cajun Chicken
Mustard

Thai Style Salmon Fishcakes
with Sweet Chilli Sauce &
Coconut Pilaff
Gluten, Fish

Wholemeal / White Bread
Gluten, Eggs, Milk, Soybeans

Broccoli / Roasted
Butternut Squash

Carrot & Orange Cake with
Custard
Gluten, Eggs, Milk

Wednesday

Curried Chicken Dish with
Pilau Rice & Accompaniments
Gluten, Milk

Sweet Potato, Carrots &
Courgette Pakoras with Dahl &
Pilau Rice
Gluten,

Freshly made Naan Style
Bread
Gluten, Eggs, Milk, Soybeans

Spiced Roast Cauliflower /
Keralan Style Peas

Ice Cream with Fresh Fruit
Wedges
Milk

Thursday

Beef Bolognese with Fusilli
Pasta
Gluten

Tuscan style Tomato & Bean
Pasta with Chef's Salad
Gluten

Freshly made Tomato & Herb
Bread
Gluten, Eggs, Milk, Soybeans

Vegetable Medley

Marbled Sponge with
Chocolate Sauce
Gluten, Eggs, Milk

Friday

Chicken Sausage Roll with
Chips & Tomato Sauce
Gluten, Sulphites

Chilli Bean Wrap & Salsa with
Chips
Gluten

Wholemeal / White Bread
Gluten, Eggs, Milk, Soybeans

Cajun Roast Courgettes /
Sweetcorn

Oat & Raisin Cookie with
Fresh Orange Wedges
Gluten, Eggs

Available daily

Please ask the catering manager for food allergen information

Mixed Salad, Jacket Potatoes, Yoghurt

Red = Allergen

- All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore **your child or the member of school staff who presents your child at the counter must check each time before being served with the food**
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, **they or school member must check each time before being served with the food.**

Our allergen process is written to protect the welfare of the children.