

<u>Theme overview</u> Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Me & My Relationships	Rights & Responsibilities	Valuing Difference	Being My Best	Keeping Myself Safe	Growing & Changing
Years 1 – 6	Me & My Relationships Includes feelings/emotions/conflict resolution/friendships	Rights & Responsibilities Includes money/living in the wider world/environments	Valuing Difference Includes British Values focus	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement	Keeping Myself Safe Includes aspects of Relationships Education	Growing and Changing Includes RSE-related issues

<u>Whole School overview</u>						
EYFS	Year 1 Extending EYFS learning new content to include	Year 2 Extending year 1 learning new content to include	Year 3 Extending learning from year 2 new content to include	Year 4 Extending learning from year 3 new content to include	Year 5 Extending learning from year 4 new content to include	Year 6 Extending learning from year 5 new content to include
Seasons and change	Our special people	How my behaviour affects others.	Changes including bereavement	Body changes in puberty	Body changes and feelings during puberty	Body image
Life stages in plants, animals and humans	Caring behaviour	Becoming more independent	Images in the media	Conflicting emotions	Changing feelings and the effect those we live with	Sharing images online
Where do babies come from?	Respecting others	Keeping themselves and others safe	Protecting personal information online	Good and not so good feelings	Unhealthy relationships Risky behaviour	Forced marriage

Overview continued on the next page.

EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Getting bigger	Safe touch Unsafe secrets	Growing from young to old and how people's needs change	Healthy and unhealthy relationships	Marriage and other relationships	Using social media safely	Conception, reproduction and birth
Me and my body – <i>(Understanding which parts of the body are private and naming all body parts including genitals)</i>	Friendship	Privacy including naming genitals	Discrimination and its consequences	Consequences of our actions	Types of bullying including homophobic	HIV
Looking after my special people	Communication Bullying		Understanding risks	Recognise and challenge stereotypes	Keeping personal information private online	
Looking after my friends	Boundaries Feelings		Making informed choices Resisting pressure	Pressures to behave		
	Privacy including naming genitals		Menstruation (If it is appropriate for the class at the time)	Menstruation		