



FARNBOROUGH PRIMARY SCHOOL

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Miss A James BA PGCE Head Teacher

Mrs C Browne B.Ed Hons Head of School

21 January 2021

Dear Parents/carers,

Wellbeing Wednesday's at Farnborough



We would like to introduce Wellbeing Wednesday's at Farnborough. This involves all children at school and at home taking part in fun activities which do not involve screen time, which I am sure we can all agree is taking over the best part of our children's days in the current situation our country is in.

It will be quality time where staff and parents encourage the children to play some games, talk, go outside, be active or maybe bake cakes and generally have some much needed fun!

As we only have three Wednesdays until our half term break we have decided that next week, on Wednesday 27 January we would like all children, staff, parents or carers to create a **music video** in place of their online learning! You can either sing or mime along to your favourite (family friendly) song with your family members. You can be as adventurous as you like by dressing up, using props or even play an air guitar! We can't wait to see if we have any secret singing stars or dancers out there! Please send us your videos to admin.office@farnborough.bromley.sch.uk. The winners will be announced in our whole school assembly.

For the last two weeks of term we would love to hear your suggestions for an activity we could all do for Wellbeing Wednesday. We will decide on our favourite suggestion for next week and email you the next idea. Please send all suggestions again to the admin.office email address by 2.00pm on Thursday 28 January.

Don't forget to send us some pictures of your activities to your class learning emails so we can see all the fun memories you are making!

Best Wishes,

Miss James and the Team at Farnborough



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