

































30 Day Maths Challenge



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<p>Count how many pair of shoes you have.</p> <p>Day 1 </p>	<p>Learn and write the properties of 2 different 2D shapes.</p> <p>Day 2 </p>	<p>Walk to the park. How long does it take you to reach the park?</p> <p>Day 3 </p>	<p>Clean your room daily for one week and write down the times.</p> <p>Day 4 </p>	<p>How fast can you say and write numbers 1 - 100? Ask an adult to time you.</p> <p>Day 5 </p>
<p>Measure your sibling's height.</p> <p>Day 6 </p>	<p>Go to the park and find twigs. How many did you find?</p> <p>Day 7 </p>	<p>Play your favourite game with your family and see who scores the most points.</p> <p>Day 8 </p>	<p>Compare the weights of your family. Find the difference between the lightest and heaviest person.</p> <p>Day 9 </p>	<p>Get two coins from each person in your house. Calculate how much money do you have?</p> <p>Day 10 </p>
<p>Bake a pizza with your mum and share it equally with your sibling.</p> <p>Day 11 </p>	<p>Grab a packet of biscuits. Share one quarter with your sibling or friend.</p> <p>Day 12 </p>	<p>Find a five-sided shape in your house. Write the name of the shape.</p> <p>Day 13 </p>	<p>Make a tally chart of the favourite fruit of your family.</p> <p>Day 14 </p>	<p>Look for your favourite toy online. Compare the prices to find the best deal.</p> <p>Day 15 </p>
<p>Find a cube in your house and then write its properties.</p> <p>Day 16 </p>	<p>Estimate weight of watermelon in kg. Ask a grown-up to weigh it.</p> <p>Day 17 </p>	<p>Make two different patterns using blocks.</p> <p>Day 18 </p>	<p>Find a 3D shape that does not stack. Explain your answer.</p> <p>Day 19 </p>	<p>Hang a wet towel outside. How much time did it take to dry?</p> <p>Day 20 </p>
<p>Learn 10s times table and then write it down.</p> <p>Day 21 </p>	<p>Learn how many hours and minutes are there in one day.</p> <p>Day 22 </p>	<p>Read 3 books and then add the number of pages you have read.</p> <p>Day 23 </p>	<p>What is 27 less than 50? How do you know?</p> <p>Day 24 </p>	<p>Collect 40 objects around the house. Put them in the groups of 5 and then skip count in 5s.</p> <p>Day 25 </p>
<p>Learn to tell the time to o'clock and half past.</p> <p>Day 26 </p>	<p>Learn to add numbers using a number line.</p> <p>Day 27 </p>	<p>Make a meal for your family and then work out the cost of a meal per person.</p> <p>Day 28 </p>	<p>Make the biggest number with digits 5, 0 and 9.</p> <p>Day 29 </p>	<p>Make a bar chart showing the average daily temperature of your city.</p> <p>Day 30 </p>

Summer Writing Challenge 2020

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<p>Make a bucket list of things you want to do this summer.</p> <p>Date:</p>	<p>Write about your home learning experience.</p> <p>Date:</p>	<p>Go for a nature walk. Write 5 sentences about it.</p> <p>Date:</p>	<p>Write a scary story under the shade of a tree.</p> <p>Date:</p>	<p>Write a letter to your friend or family.</p> <p>Date:</p>
<p>Write tips on how to keep yourself and others safe during COVID-19.</p> <p>Date:</p>	<p>Write a description of a garden using 5 senses.</p> <p>Date:</p>	<p>Write a list of instructions on how to wash your hands with soap and water.</p> <p>Date:</p>	<p>Write about the worst holiday of your life.</p> <p>Date:</p>	<p>Write swimming instructions for your younger sibling.</p> <p>Date:</p>
<p>Write a poem about summer.</p> <p>Date:</p>	<p>Write about a new exotic fruit you tasted this summer.</p> <p>Date:</p>	<p>Write about your favourite historical event.</p> <p>Date:</p>	<p>Write about your favourite water game or activity.</p> <p>Date:</p>	<p>Write a recipe of your favourite dish.</p> <p>Date:</p>
<p>Write a book review of your favourite book.</p> <p>Date:</p>	<p>Write about your favourite children's book author.</p> <p>Date:</p>	<p>Write about a magic lamp you found in the woods.</p> <p>Date:</p>	<p>Make a sandwich. Write a list of instructions on how to do it.</p> <p>Date:</p>	<p>Write what you miss the most this summer.</p> <p>Date:</p>
<p>Write a hilarious poem.</p> <p>Date:</p>	<p>Write about a favourite character you read in the book.</p> <p>Date:</p>	<p>Write a shopping list for your parents.</p> <p>Date:</p>	<p>Write about your favourite sport.</p> <p>Date:</p>	<p>Write a mystery story.</p> <p>Date:</p>
<p>Write a new ending for the book you read today.</p> <p>Date:</p>	<p>Write five interesting facts about summer.</p> <p>Date:</p>	<p>Create a fact file of your favourite animal.</p> <p>Date:</p>	<p>Write while sitting on a green grass in a park.</p> <p>Date:</p>	<p>Write about what you want to achieve in your new class.</p> <p>Date:</p>



30 Day Fitness Challenge

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<p>Do 10 star jumps.</p> <p>Day 1</p> 	<p>Hop around like a frog for 20 seconds.</p> <p>Day 2</p> 	<p>Touch your toes 10 times.</p> <p>Day 3</p> 	<p>Balance a ball on your head.</p> <p>Day 4</p> 	<p>Spin in a circle for 10 seconds.</p> <p>Day 5</p> 
<p>Walk like a crab for 1 minute.</p> <p>Day 6</p> 	<p>Stretch as high as you can.</p> <p>Day 7</p> 	<p>Choose a song and create your own dance routine for the song! Perform it in front of your family.</p> <p>Day 8</p> 	<p>Pick up a ball from floor without using your hands.</p> <p>Day 9</p> 	<p>Take 10 giant steps.</p> <p>Day 10</p> 
<p>Balance on one leg for 30 seconds.</p> <p>Day 11</p> 	<p>Do 6 cartwheels.</p> <p>Day 12</p> 	<p>Lay on your back and peddle your legs like you are on a bike.</p> <p>Day 13</p> 	<p>Skip the rope for 1 minute.</p> <p>Day 14</p> 	<p>Make your own hopscotch. Play it for 1 minute.</p> <p>Day 15</p> 
<p>Stretch like a cat. Do it 5 times.</p> <p>Day 16</p> 	<p>Do an egg and spoon race with your sibling.</p> <p>Day 17</p> 	<p>Dance like a chicken for 1 minute.</p> <p>Day 18</p> 	<p>Walk backwards 10 steps and then skip back.</p> <p>Day 19</p> 	<p>Do 10 squats in 30 seconds.</p> <p>Day 20</p> 
<p>Wiggle like a worm for 20 seconds.</p> <p>Day 21</p> 	<p>Do Yoga for 10 minutes. You can find videos on YouTube.</p> <p>Day 22</p> 	<p>Tiptoe for 15 seconds.</p> <p>Day 23</p> 	<p>Throw a ball in the air and catch it. Repeat 10 times.</p> <p>Day 24</p> 	<p>Shake your arms and clap your hands. Do this 5 times.</p> <p>Day 25</p> 
<p>Create your own obstacle course and time yourself doing it!</p> <p>Day 26</p> 	<p>Do gorilla shuffle for 15 seconds.</p> <p>Day 27</p> 	<p>Lay on the floor. Lift your arms and legs above the floor for 10 seconds.</p> <p>Day 28</p> 	<p>Balance a book on your head for 15 seconds.</p> <p>Day 29</p> 	<p>Do 10 sit ups in one minute.</p> <p>Day 30</p> 



30 Day Art/DT Challenge

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Design and make your own boat that will float on water. Day 1 	Draw a butterfly with exotic colours. Day 2 	Make your own puppet using a sock. Day 3 	Design the best parachute to protect a boiled egg. Day 4 	Make your own kite. Day 5 
Make a planet using paper Mache. Day 6 	Design a face mask for yourself. Day 7 	Make your own rocket using empty paper rolls. Day 8 	Use marshmallows and toothpicks to build your own 3D shapes. Day 9	Draw your family picture on a poster. Day 10 
Write your name with play dough. Day 11 	Build something you would find in the polar regions using things you can find in your home. Day 12 	Draw your own superhero with special powers. Day 13 	Use building blocks or Legos to build a sculpture. Day 14 	Make a squishy with a balloon and toothpaste. Day 15 
Make a den in your home using fabric, cushions and other furniture. Day 16 	Make your own monster bookmark. Day 17 	Design your own Easter egg. You can do this on paper or you can paint a real egg. Day 18 	Collect some nature things from outside and draw these in your book. Day 19 	Make a spider with pipe cleaners. Day 20 
Write a hilarious poem using bubble writing. Day 21 	Draw a picture of yourself and then label all the body parts of the body. Day 22: 	Make your own glittery slime. Day 23 	Draw an illustration for your own story. Day 24 	Collect photos of your family and make a family tree. Day 25 
Paint rocks and turn them into animals Day 26 	Make your own board game. Day 27 	Create a poster showing healthy and unhealthy food. Day 28 	Make your own paper plate nest. Day 29 	Make a castle using an empty cereal box. Day 30 

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30 Day Life Skills Challenge

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Learn how to load and unload the washing machine. Day 1	Make your bed. Day 2	Learn to wrap a gift. Day 3	Cook a new meal from whatever you have in the fridge. Day 4	Make your own breakfast. Day 5
Learn to tie your shoelaces. Day 6	Learn to stitch a button. Day 7	Learn to tell the time in both digital and analogue clock. Day 8	Set a dinner table for your family. Day 9	Sort the recyclable bins. Day 10
Make a cucumber or cheese sandwich. Day 11	Wash a dish or pot. Day 12	Learn to use a knife and fork. Day 13	Read a book and act out a scene from it. Day 14	Girls: Learn to plait hair. Boys: Do a cool hairstyle. Day 15
Clean your bedroom. Day 16	Know your full name, phone number and complete home address. Day 17	Learn how to use a vacuum cleaner. Day 18	Plant a herb and take care until it grows. Day 19	Hang the clothes out to dry. Day 20
Dress yourself. Day 21	Hang clothes on a hanger. Day 22	Learn to fold clothes. Day 23	Mop one room in your house. Day 24	Clean your kitchen shelves. Day 25
Peel vegetables safely. Day 26	Know who to call in an emergency. Day 27	Iron a pillowcase and put it on the pillow. Day 28	Know when to use 999 and when to use 111 emergency services. Day 29	Tidy your toys. Day 30



Summer Reading Bingo



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Read to your sibling Date: 	Read in a tent Date: 	Read by flashlight Date: 	Read by a seaside Date: 	Read with a friend Date: 
Read in bed Date: 	Read in a garden Date: 	Read by a pool Date: 	Read an eBook Date: 	Read with a grown up Date: 
Read under a tree Date: 	Read a non-fiction book Date: 	Read a joke book Date: 	Read a book in the library Date: 	Read a cookbook Date: 
Read in your pyjamas Date: 	Read a biography Date: 	Read a kid's magazine Date: 	Read for 30 minutes Date: 	Read in a playhouse Date: 
Read a newspaper Date: 	Read a book of your favourite author Date: 	Read in your car Date: 	Read about nature Date: 	Read to a pet Date: 
Read a poem Date: 	Read a scary story Date: 	Read in a blanket Date: 	Read under the stars Date: 	Read a mystery Date: 