

Subject / Lesson	Time
Maths	1 hour
English - a follow along show for English	70 minutes
Physical Activity	30 minutes
Music	30 minutes



Maths Task

SATs style question - try an arithmetic set of questions

<http://farnboroughprimary.co.uk/wp-content/uploads/2020/03/Maths-SATs-questions-links.docx>

Time

30 minutes

Maths Frame Interactive Quiz

Username: Farnborough / Password: Farnborough

<https://mathsframe.co.uk/en/resources/resource/366/interactive-maths-quiz>

15 minutes

Times Table Rock Stars

15 minutes



You will need a pen and paper to make notes.

If someone is available in your home, grab them and play the word games with them.

<https://radioblogging.net/index.php/2020/04/07/wednesday-8th-april/>

Listen and enjoy!

Physical activity -
minimum 30 minutes each day

Link to resource

5 a day

User Name: FPS53 / Password: JFz4XqG7

<https://player.5-a-day.tv/>

Joe Wicks - PE sessions

<https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>

Cosmic Kids Yoga

<https://www.youtube.com/user/CosmicKidsYoga>

PE Hub Parents Portal

<https://pehubportal.co.uk/>

Go Noodle

<https://www.gonoodle.com/good-energy-at-home-kids-games-and-videos/>

Go for a walk/run.

You must go with an adult from your home and make sure you stay 2 metres away from other people.

MUSIC

Try some songs from Out of the Ark

https://www.outoftheark.co.uk/ootam-at-home/?utm_source=homepage&utm_campaign=ootamathome2&utm_medium=banner