

Farnborough's Virtual Sports Day

Name: _____ Class: _____ House: _____

Challenge	Scoring	Total
Star Jumps	How many in a minute?	
Plank	How long can you hold it?	
Press Ups	How many in a minute?	
Bunny Hops	How many in a minute?	
Target Challenge	How many points a minute?	
Standing Long Jump	How far can you jump?	
'Egg and Spoon'	How many of the 6 challenges can you complete?	
Shoes on and off	How quickly can you do it?	
Socks against the door	How many catches in a minute?	
Vertical Jump	How high can you jump?	
Socks in a box	How many can you pair in a minute?	
T-shirt challenge	How many can you put on in a minute?	

