

Skills shown: quick-thinking, bravery, resilience, endurance

Story:

* Able seaman on a whaling boat
* Captain sends out 2 boats to capture whale in rough seas
* My boat gets smashed by tail
* 4 crew in freezing water, manage to swim/drag other 3 to the other boat to be rescued.



Skills shown: kindness, determination, patience, respect, facing difficult odds

Story:

* Father was a settler in Canada and kept huskies to pull a sledge so he could get around
* Terrible accident and the lead dog broke its leg
* Father said to kill it but as I had raised it from a puppy I wanted to look after it.
* Took it back home, added a splint to its leg and stayed up with it for 3 days to look after it while it suffered from a fever
* In 6 months, the dog had returned to sledge and was as fit as ever



Skills shown: patience, commitment, confidence, achievement, surviving cold

Story

* Wildlife photographer
* Sent to Arctic to photograph polar bears
* No one had photographed a cub before in the wild, decide to travel further North than any camera man had before to search
* 3 months of tracking a pregnant polar bear and finally managed to find a hiding spot where the bear could not see or smell me
* Spent 3 days awake with my finger on the camera button ready to get the shot. Finally got the shot, the first one ever. I had been so determined my finger had frozen onto the camera button!