

Welcome to the
Sayers Croft talk.
Please sign next to
your child's name.



Sayers Croft

**Wednesday 3rd July- Friday
5th July 2019.**

YEAR 5



Why Sayers Croft?

- Excellent opportunity for team building
- Superb educational benefits; Science, History and Geography
- 3 days, 2 nights is good preparation for Year 6 trip - 1 week
- Confidence building by trying new things
- Independence - being responsible for making decisions.



Monday morning

- Please be at school by 8:30am.
- Children will be greeted in the hall and registered. They should bring their bags/suitcases into the hall with them.
- Children will be helped to put their bags/suitcases on the coach.
- Time to say goodbye.
- We aim to leave by 9am.

Medication

- All medication **MUST** be handed to the school office by Friday 28th June.
- All medication **MUST** be clearly labelled with the child's name and the instructions.
- Parents **MUST** complete a medication form prior to that date to accompany any medications. Please make sure the medicine/s are in date.
- Any illness within 48 hours before departure **MUST** be informed to the school.
- No child is to have **ANY** medication on them-this must be given to staff.

Adults: Miss Morrison, Mrs Brett and Mr Vallois

Children will be shown where we will be sleeping, in case they need us during the night.

Children will be supervised all of the time whilst participating in the activities. Most of these will be led by the instructors at Sayers Croft.

During free time, the children will have the opportunity to play on 1 of the 3 spacious playing fields. A member of staff will stay at a central point nearby where they can be seen by the children if needed.

Your child may wish to have a quieter free time within the dormitory or on the veranda, where a member of staff will supervise.

Instructors

Most of the activities are lead by Qualified instructions.

There is a trained first aider on site at all times.

The site is secure and is patrolled by staff.



Kit List

Sayers Croft will supply bedding, safety and educational equipment for the specific activities.

Make sure you have your **name** on **all** things that belong to you and you can carry your bag as you will need to carry it to your chalet.

Staff will go through safety procedures on arrival. Fire alarm practise, shown to rooms and shown the boundaries. Children **MUST** adhere to these boundaries.

We do not allow chewing gum on site because of the mess it makes. Please do NOT bring aerosol sprays (deodorants and hairsprays) as they can set off our fire alarm.

Lots of old clothes - you will definitely end up getting a bit mucky so don't bring anything too precious.

Wash kit - including a towel, soap, toothbrush and toothpaste and brush/comb

At least **two pairs** of old trainers / boots (plus an additional pair if you are raft building)

Wellies (but don't buy them especially as we can lend you some if you need them)

Waterproofs (we can lend you these if needed) - and just because it's summer doesn't mean it won't rain!

Personal medication (including sunscreen if required)

Indoor footwear

Night clothes

Hat (appropriate for the weather) and gloves

Teddy bear / soft toy

Camera – this should preferably be disposable and clearly named. Be careful that you don't overuse it on the first morning and then find you have nothing left for the rest of the visit!

If you are allowed to bring a digital camera, this should be clearly named and carefully looked after.

Drinks Bottle-named

Reading book/magazines

Hair bands (if you have long hair)

2 Black bags to put dirty clothes and wet clothes.

2 plastic bags to put things into.



Activities:

- Rafts
- Challenge course
- Orienteering
- Night walk
- Ropes
- Climbing wall
- Round house
- Shelter building
- Maze
- Blind fold trail
- Archery
- Caves
- Wood compass
- Pond dipping

ADVENTURE-

Rock climbing



- Focus on individual challenge.
- You will use supportive language to encourage one another whilst sharing responsibility for each other's safety with the experienced instructors.

DISCOVERY- Pond dipping



- Children are surrounded by opportunities to discover the natural world.
- Through exploration and games, scientific and geographical concepts are given context.
- Sessions focus on building children's confidence in using scientific enquiry to develop, test and evaluate hypotheses.

CHALLENGE-

Challenge course



- Negotiate over limited resources, developing tolerance for others, or complete logic and puzzle based tasks that encourage clear communication and cooperation to meet specific criteria.
- These sessions build self-esteem in a positive learning environment.

Sleeping arrangements.

- One dorm for boys
- One dorm for girls
- Staff in adjoining rooms to dorms
- Bunk beds-be careful not to bump your head!
- Children will have some space next to beds to store some items
- Children must make their own bed
- Keep their rooms tidy for inspection each night
- Sleep when it is bed time!!
- Classroom between the dorms
- Toilets and showers in adjoining rooms to dorms
- Children will be advised on times to shower and how to prepare themselves.



A dorm- inside and outside.

Canteen

A classroom



Behaviour

- ALL children are expected to follow the instructions given to them by any adult, including: instructors, helpers, canteen workers, other teachers.
- There is a 0% tolerance of bad behaviour. Children will miss out on activities and a work pack will be given to them.
- ALL children must listen carefully to the instructions for each activity to ensure their safety and the safety of others.
- ALL children are responsible for keeping themselves and the dorms clean and tidy.
- Children will be given some free time during the day; they must ensure they follow the rules and boundaries given.

Why are we going?

- Fun with friends, team work, empathy problem solving, independence and celebration.
- Curriculum links- Geography, Science and History.
- Have a wonderful time!!!

