

# Primary Spring 2018 Menu

## Week 1

Week Commencing: 8/1/18, 29/1/18, 26/2/18, 19/3/18



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	<b>Vegetable Supreme Pizza**</b> <i>with Jacket Wedges</i>	<b>Beef &amp; Vegetable Pie</b> <i>with New Potatoes</i>	<b>Roast Turkey</b> <i>with Roast Potatoes &amp; Gravy</i>	<b>Chicken Wraps</b>	<b>Crispy Fish Fingers &amp; Chips</b>
Alternative Dish	<b>Neapolitan Pasta**</b>	<b>Mexican Vegetable Chilli</b> <i>with Rice</i>	<b>Quorn Roast</b> <i>With Roast Potatoes &amp; Gravy</i>	<b>Spaghetti with Tomato Sauce</b>	<b>Veggie Hot Dog</b> <i>with Chips</i>
Vegetables	Baked Beans Peas	Green Beans Cauliflower	Braised Red Cabbage Carrots	Broccoli Sweetcorn	Baked Beans Peas
Jacket Potatoes	Baked Beans	Vegetable Chilli	Grated Cheese	Tuna and Sweetcorn	Baked Beans Cheese
Desserts	Wedges of Melon * Orange	<b>Pineapple and Peach Crumble</b> <i>with Custard *</i>	<b>Date Bar</b> <i>served with Yoghurt</i>	Fruit in Jelly	<b>Chocolate and Banana Muffin</b>

**Cool Water, Fresh Fruit and Yoghurt served daily**

\*Fruit Based \*\*Wholegrain



# Primary Spring 2018 Menu

## Week 2

Week Commencing: 15/1/18, 5/2/18, 5/3/18, 26/3/18



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	<b>Mac 'N' Cheese</b> <i>Macaroni Cheese</i>	<b>Pork Sausages</b> <i>with Creamy Mash and Gravy</i>	<b>Roast Chicken</b> <i>with Roast Potatoes and Gravy</i>	<b>Lasagne</b>	<b>Golden Fish Fingers &amp; Chips</b>
Alternative Dish	<b>Boston Bean Casserole</b> <i>with Rice **</i>	<b>Vegetarian Sausages</b> <i>with Creamy Mash and Gravy</i>	<b>Quorn Roast</b> <i>with Roast Potatoes with Gravy</i>	<b>Creamy Tomato and Basil Pasta **</b>	<b>Bean and potato Burrito</b> <i>with Chips</i>
Vegetables	Broccoli Crunchy Salad	Carrots Peas	Cabbage Carrots	Sweetcorn Green Beans	Baked Beans Peas
Jacket Potatoes	<b>Boston Beans</b>	<b>Grated Cheese</b>	<b>Tuna Mayo</b>	<b>Chilli con carne</b>	<b>Baked Beans</b>
Desserts	<b>Chocolate and Mandarin Sponge</b> <i>* with Chocolate Sauce</i>	<b>Oatie Biscuit</b> <i>with Fruit Slices *</i>	<b>Peaches With Homemade Granola &amp; Yoghurt</b>	<b>Carrot &amp; Pineapple Cake Slice</b>	<b>Strawberry Cheesecake</b>

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# Primary Spring 2018 Menu

## Week 3

Week Commencing: 3/1/18, 22/1/18, 19/2/18, 12/3/18



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	<b>Mozzarella &amp; Tomato Pizza **</b> <i>with Oven Baked Wedges</i>	<b>Marinated Mild Chicken Tikka Curry</b> <i>With Rice</i>	<b>Honey roast Gammon</b> <i>with Roast Potatoes and Gravy</i>	<b>Turkey Burger in a Bun</b> Potato Wedges	<b>Fish Fingers OR Crispy Salmon Fillet</b> <i>with Chips</i>
Alternative Dish	<b>Quorn Sausage and Tomato Pasta Bake **</b> <i>with a Bread Wedge</i>	<b>Cheese and Sweetcorn Quiche</b> with New Potatoes	<b>Quorn Roast</b> <i>With Roast Potatoes and Gravy</i>	<b>Quorn Wraps</b> Potato Wedges	<b>Veggie Quesadilla</b> <i>with Chips</i>
Vegetables	Peas Baked Beans	Broccoli Fresh Tomato Salsa	Roast Parsnips Sweetcorn	Green Beans Carrots	Baked Beans Peas
Jacket Potatoes	<b>Spicy Veggie Sausage with Beans</b>	<b>Chicken Curry</b>	<b>Tuna and Sweetcorn</b>	<b>Grated Cheese</b>	<b>Baked Beans</b>
Desserts	<b>Strawberry Fro Yoghurt</b>	<b>Apple Cracknell</b> <i>with Custard *</i>	<b>Mini Gingerbread Cake</b> <i>With Fresh Fruit *</i>	<b>Chocolate Sultana Crispie</b>	<b>Creamy Rice Pudding</b> <i>with Fruit</i>

**Cool Water, Fresh Fruit and Yoghurt served daily**

\*Fruit Based \*\*Wholegrain

